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**52<sup>nd</sup> ANNUAL CONVENTION**  
of  
**CUPE NEWFOUNDLAND AND LABRADOR**

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2026 Convention Call

April 22 – April 24, 2026  
Delta Hotel St. John's  
120 New Gower St.  
St. John's, NL

## CUPE NEWFOUNDLAND AND LABRADOR

### 52<sup>nd</sup> ANNUAL CONVENTION

**TO: All CUPE Locals**

**DATE: April 22-April 24, 2026**

**FROM: CUPE Newfoundland and Labrador**

In accordance with Article 4 of the Constitution of CUPE Newfoundland and Labrador, you are hereby notified that the 52<sup>nd</sup> Annual Convention will be held at:

|   |  |
|---|--|
| Delta Hotel St. John's<br>120 New Gower St.<br>St. John's, NL | Phone: (709) 739-6404<br><br>Fax: (709) 570-1622 |
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### TENTATIVE AGENDA

All events are held at the Delta Hotel St. John's, 120 New Gower Street, in St. John's.

| <b>TUESDAY<br/>April 21, 2026</b>         | <b>WEDNESDAY<br/>April 22, 2026</b>   | <b>THURSDAY<br/>April 23, 2026</b>  | <b>FRIDAY<br/>April 24, 2026</b>  |
|---|---|---|---|
| <b>REGISTRATION</b><br><br>4:00 – 6:00 pm | <b>CONVENTION DAY 1</b><br><br>8:00 – 9:00 am<br>Late Registration<br><br>9:00 – 9:45 am<br>New Delegate<br>Orientation<br><br>10:00 am<br>Convention Call to Order<br><br>4:00 pm<br>Adjournment | <b>CONVENTION DAY 2</b><br><br>9:00 am<br>Convention Resumes<br><br>9:00 am – 4:00 pm<br>Convention Proceedings | <b>CONVENTION DAY 3</b><br><br>9:00 am<br>Convention Resumes<br><br>9:00 – 12:00 pm<br>Convention Proceedings |

## **REGISTRATION**

Original form (attached below) should be presented at the Convention.

Registration will be held at the Delta Hotel St. John's on Tuesday, April 21, 2026 from 4:00-6:00 pm and late registration is scheduled from 8:00-9:00 am on Wednesday, April 22, 2026. A block of rooms has been allocated at the Delta Hotel St. John's. Locals are requested to make their own reservations by April 6, 2026, to receive the CUPE rate. Rates are \$149.00 plus taxes per night, and the group block name is "CUPE".

## **REPRESENTATION**

1. The basis for representation from affiliated Locals shall be as follows:

a. From Local Unions paying per capita tax on:

|                    |             |
|--------------------|-------------|
| 50 members or less | 1 delegate  |
| 51 – 100 members   | 2 delegates |
| 101 – 300 members  | 3 delegates |
| 301 – 500 members  | 4 delegates |

and one additional delegate for each additional 100 members or major portion thereof, and one (1) additional delegate per Local for a youth delegate (maximum age 35). This extra delegate will be the financial responsibility of the Local.

b. To be entitled to representation at the Convention, a Local Union shall have paid per capita on its total membership up to and including March 2026.

c. Local Unions having less than twenty-five (25) members may make application to the CUPE Newfoundland and Labrador Executive Committee for transportation and registration fee subsidization to assist in their sending of a delegate to Convention, and the CUPE Newfoundland and Labrador Committee is empowered to act thereof.

## **ALTERNATE DELEGATES**

An affiliated Local Union may elect alternate delegates to attend the Annual Convention. An alternate delegate shall be entitled to attend sessions of the Convention, but shall not be entitled to voice or vote, except in the absence of a duly elected delegate. For the purpose of this section, the duly elected alternate delegate must be in possession of a delegate's badge prior to being afforded voice or vote. It shall be the responsibility of the presiding officer to ensure the intent of this section is carried out.

## **CREDENTIALS AND REGISTRATION**

Credential forms are required to be **completed accurately, including the duplicate** credential forms, and returned promptly to the St. John's Area Office.

Please note **that** the forms are fillable and can be completed **electronically**, saved, and emailed to [cfroude@cupe.ca](mailto:cfroude@cupe.ca). Alternatively, completed forms **may** be mailed to:

CUPE Newfoundland and Labrador  
15 International Place, Suite 102  
St. John's, NL A1A 0L4

Original credential forms shall be presented to the Credentials Committee when registering at the Convention Headquarters.

\*\*Under Article 4.2(ii) of the CUPE National Constitution, no Local in arrears for two or more months will be allowed representation at the National Convention or Conventions at any level of CUPE.\*\*

Therefore, in order to be allowed representation at the 52<sup>nd</sup> CUPE Newfoundland and Labrador Annual Convention, Locals must have their per capita paid to CUPE National and CUPE Newfoundland and Labrador up to and including March 2026.

## **RESOLUTIONS AND CONSTITUTIONAL AMENDMENTS**

All Resolutions and Constitutional Amendments to be considered at the Convention must be submitted by a Local Union, or by the Executive Board of CUPE Newfoundland and Labrador, or Committee thereof, so that they are in the hands of CUPE Newfoundland and Labrador no later than twenty-one (21) days prior to the Convention. These Resolutions shall be dealt with at Convention before any late Resolutions with the exception of emergency Resolutions. Emergency is defined as something that has happened twenty (20) days prior to the Convention. All Resolutions must be submitted under the letterhead of an affiliate submitting same and signed by the Presiding Officer and Recording Secretary of such affiliate.

Yours in solidarity,



**SHERRY HILLIER, President**  
CUPE Newfoundland and Labrador

Enclosures: Registration Form; Childcare Request Form; Special Meal Request Form; Resolution Form and Constitutional Amendment Form

:CF/cope491

# 2026 Convention Registration Form

Please provide the name(s) and telephone number(s) of the delegate(s) your Local is registering so they may be contacted if they are chosen for a Committee at Convention.

**CUPE Local Name and Number:** \_\_\_\_\_

Signature of Local Union President: \_\_\_\_\_

Signature of Local Union Recording Secretary:

**Please return DUPLICATE registration form together with registration fee of \$300.00 per delegate to:**

CUPE Newfoundland and Labrador  
15 International Place, Suite 102  
St. John's, NL A1A 0L4

**Please make cheques payable to: CUPE Newfoundland and Labrador**

**\*\*\*ORIGINAL REGISTRATION FORM\*\*\***

# 2026 Convention Registration Form

Please provide the name(s) and telephone number(s) of the delegate(s) your Local is registering so they may be contacted if they are chosen for a Committee at Convention.

**CUPE Local Name and Number:** \_\_\_\_\_

| <b>Delegates</b>  |                     |              |
|-------------------|---------------------|--------------|
| <b>Name</b>       | <b>Phone Number</b> | <b>Email</b> |
|                   |                     |              |
|                   |                     |              |
|                   |                     |              |
|                   |                     |              |
|                   |                     |              |
|                   |                     |              |
|                   |                     |              |
| <b>Alternates</b> |                     |              |
| <b>Name</b>       | <b>Phone Number</b> | <b>Email</b> |
|                   |                     |              |
|                   |                     |              |
|                   |                     |              |
|                   |                     |              |
|                   |                     |              |

Signature of Local Union President: \_\_\_\_\_

Signature of Local Union Recording Secretary: \_\_\_\_\_

**Please return DUPLICATE registration form together with registration fee of \$300.00 per delegate to:**

CUPE Newfoundland and Labrador  
15 International Place, Suite 102  
St. John's, NL A1A 0L4

**Please make cheques payable to: CUPE Newfoundland and Labrador**

## \*\*\*DUPLICATE REGISTRATION FORM\*\*\*

## Childcare Request

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I will require childcare for (please indicate):

Wednesday, April 22, 2026

Thursday, April 23, 2026

Friday, April 24, 2026

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Childcare will be provided from 9:00 a.m. to 4:00 p.m. on Wednesday, Thursday and Friday.

**Please return by March 15, 2026, to:**

CUPE Newfoundland and Labrador  
15 International Place, Suite 102  
St. John's, NL A1A 0L4

-or-

Email: [cfroude@cupe.ca](mailto:cfroude@cupe.ca)

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Child Care Provisions:

If there are not enough children registered for childcare, an application may be made to CUPE Newfoundland and Labrador Executive for a subsidy of up to fifty dollars (\$50.00) per day provided that receipts are supplied.

## Special Meal Request Form

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Please list any dietary restrictions for delegates attending the banquet.

We will do our best to accommodate those requests from individual delegates within reason. Please note that we need to have 20 days' notice of requests to plan with the hotel, therefore we need this information no later than April 1, 2026.

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Name: \_\_\_\_\_ Email/Phone Number: \_\_\_\_\_

Dietary Restriction(s):

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Name: \_\_\_\_\_ Email/Phone Number: \_\_\_\_\_

Dietary Restriction(s):

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Name: \_\_\_\_\_ Email/Phone Number: \_\_\_\_\_

Dietary Restriction(s):

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**Please return by April 1, 2026 to:**

CUPE Newfoundland and Labrador  
15 International Place, Suite 102  
St. John's, NL A1A 0L4  
-or-  
Email: [cfroude@cupe.ca](mailto:cfroude@cupe.ca)

## Resolutions and Constitutional Amendments

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Sisters, Brothers and Friends,

We would encourage as many Locals as possible to submit **Resolutions** and **Constitutional Amendments**. Resolutions are intended to give the Division Executive Board and its' Committees direction in the next term while Constitutional Amendments are designed to improve upon the CUPE Newfoundland and Labrador Constitution. We promote a clear language format.

### **RESOLUTIONS AND CONSTITUTIONAL AMMENDMENTS**

The process of submitting Resolutions and Constitutional Amendments is found in Article 4 in the CUPE Newfoundland and Labrador Constitution.

Resolutions and Constitutional Amendments must be in the hands of the CUPE Newfoundland and Labrador Recording Secretary no later than twenty-one (21) days before convention starts, this year that date is March 31, 2026.

All Resolutions and Constitutional Amendments to be considered at the Convention must be submitted by a Local Union, or by the Executive Board of CUPE Newfoundland and Labrador, or Committee thereof, so that they are in the hands of the CUPE Newfoundland and Labrador, no later than twenty-one (21) days prior to the Convention. These Resolutions shall be dealt with at Convention before any late Resolutions with the exception of emergency Resolutions. Emergency is defined as something that has happened twenty (20) days prior to the Convention. All Resolutions must be submitted under the letterhead of an affiliate submitting same and signed by the Presiding Officer and Recording Secretary of such affiliate.

Please forward signed Resolutions and Constitutional Amendments to:

CUPE Newfoundland and Labrador  
15 International Place, Suite 102  
St. John's, NL A1A 0L4  
-or-  
Email: [cfroude@cupe.ca](mailto:cfroude@cupe.ca)

## What is the process for submitting Resolutions?

- Resolutions and proposed Constitutional Amendments must be submitted by a specific **deadline date**.
- Each Resolution must be signed by two (2) members of a local's executive.
- Resolutions submitted by either fax or email will be accepted as long as the deadline date is respected and each resolution bears the required signatures.
- Please submit Resolutions only once. It is not necessary to mail in your submissions if they have already been faxed or emailed with the required signatures.
- Please forward Resolutions to the address below:

CUPE Newfoundland and Labrador  
15 International Place, Suite 102  
St. John's, NL A1A 0L4  
-or-  
Email: [cfroude@cupe.ca](mailto:cfroude@cupe.ca)

## What should Resolutions contain and how should they look?

- Be typed whenever possible.
- Be sealed or stamped with the official seal or stamp of your Local, if you have one. Don't be concerned if your Local doesn't have one; as long as the resolution is signed, that should be sufficient.
- Explain why your Local is submitting the resolution.
- Explain what your Local wants done.
- Cover new issues or change current policies.

CUPE National encourages Locals to submit Resolutions in clear language format. The CUPE National Literacy Committee also recommends clear language Resolutions.

To clarify, traditional resolution format uses words like "whereas" and "therefore be it resolved". Such words can be unfamiliar and confusing.

Using simple words like "will" and "because" make it easier to understand a resolution.

## What are some other ways to make Resolutions clear?

- Cover only one main issue per resolution.
- Use sentences that are clear, direct and short.
- Use words that your readers will easily understand – avoid jargon and acronyms.
- Cover new issues or change current policies.

## Sample Resolution

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Submitted by CUPE Local: \_\_\_\_\_

CUPE Newfoundland and Labrador will:

1. Encourage all chartered organizations to use the recommended format for Resolutions; and
2. Encourage chartered organizations to keep Resolutions at 200 words or fewer.

Because:

1. Convention runs smoother when Resolutions are worded and laid out correctly; and
2. The Resolutions Committee needs proper signatures to know the Resolution comes from a chartered organization; and
3. CUPE must translate, print and process many Resolutions.

**President:** \_\_\_\_\_

**Local #** \_\_\_\_\_

Signature

**Recording Secretary:** \_\_\_\_\_

**Local #** \_\_\_\_\_

Signature

## CUPE NL Resolution Form 2026

Submitted by: \_\_\_\_\_

CUPE Local #: \_\_\_\_\_ OR CUPE NL Committee Name: \_\_\_\_\_

**CUPE Newfoundland and Labrador will:**

**Because:**

**President:** \_\_\_\_\_  
Signature

**Local #** \_\_\_\_\_

**Recording Secretary:** \_\_\_\_\_  
Signature

**Local #** \_\_\_\_\_

## CUPE NL Constitutional Amendment Form 2026

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Submitted by: \_\_\_\_\_

CUPE Local #: \_\_\_\_\_ OR CUPE NL Committee Name: \_\_\_\_\_

**CUPE Newfoundland and Labrador will:**

**Because:**

**President:** \_\_\_\_\_

Signature

**Local #** \_\_\_\_\_

**Recording Secretary:** \_\_\_\_\_

Signature

**Local #** \_\_\_\_\_