

Welcome to the
CUPE ATLANTIC 2024 WEEKLONG SCHOOL

**SUNDAY, NOVEMBER 3
TO
FRIDAY, NOVEMBER 8**

WHITE POINT BEACH RESORT



**75 White Point Rd #2
Queen's County
Nova Scotia B0T 1G0**

Welcome to the

CUPE ATLANTIC 2024 WEEKLONG SCHOOL

Who can attend?

The school is open to all CUPE members sponsored by their Local.

The Weeklong School provides a community atmosphere where learning, relations and fun are combined. The objective is to give CUPE members the opportunity to develop specialized skills in programs that are interesting and challenging.

Class size will be limited to approximately 20 participants. Participants will be registered on a first-come, first-served basis. **Registration fees MUST be received by the registration deadline, as indicated on registration form.**

In order to provide the best learning environment, the CUPE Education Rep reserves the right to cancel any course if the registrations are low, or transfer participants to other courses.

The Education Rep also reserves the right to limit the number of members any one Local may send to any workshop.

Register online (send a copy with your fee which **must be paid by Sept. 30th** to avoid cancellation of registration):

<https://cupe.ca/mrm-union-education/event/7830>

Dietary Restrictions

Please indicate on your registration form if you have any meal requests relating to food allergies, sensitivities, or religious needs.

Scent-Free

Facilitators and participants are asked to refrain from using scented products while attending our workshops and meetings.

Code of Conduct

All participants must follow the <https://cupe.ca/cupe-code-conduct> and promote a high standard of trade union behaviour. Mutual respect will create safe union spaces for everyone. If incidents of harassment cannot be addressed through discussion between those involved, the Education Rep may assist. Locals will be advised of any serious concerns. Members, staff, elected officers and guests must be mindful that all persons deserve dignity, equality and respect.

Ombudsperson

There will be an ombudsperson 'on call' at the school.

Ombudspersons attend CUPE events and try to resolve any complaints about behaviour that is inconsistent with CUPE's Equality statement or Code of Conduct.

The phone number to call to reach the Ombudsperson will be posted in several locations including each classroom.

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Accommodation

A rooming list must be submitted to White Point Beach Resort on October 2nd.

White Point Beach Resort does not guarantee room availability after this date, nor do they guarantee the group rate.

All accommodations are smoke-free.

Cost

Includes registration fee, room & the following:

- breakfast & lunch Monday-Friday
- dinner Sunday to Thursday
- Tuesday night bonfire (weather permitting)
- Thursday night banquet

\$1400 per person
based on **single occupancy**

\$1100 per person
based on **double occupancy**

Pets:

Anyone bringing a pet must stay in a “pet friendly” accommodation. There is a \$25 (plus HST) pet fee per accommodation, per stay. Please make note of this requirement on your registration.

Scholarship

CUPE Newfoundland & Labrador

A scholarship in the amount of \$1500.00 is available from CUPE Newfoundland & Labrador.

For information about this scholarship, such as deadline for application, and to apply please contact:

Sherry Hillier

President, CUPE NL & Labrador

sherryh@cupe.ca



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Come to CUPE's Fall Weeklong School if you are interested in building a better world. Choose one of three programs to gain the skills needed to make our workplaces and ourselves healthier, stronger, and better able to tackle the thorny issues facing us individually, in our locals, and globally. The personal is indeed political.

1. **STREAM 1:** We will take a close look at the effects of capitalism: from the individual effects of work on our mental health to the global effects, and will include some of the following workshops (subject to availability):

Mental Health in the Workplace: A Union Perspective

More than half the population will experience a mental health problem over their lifetime. At least 20% of us are dealing with mental illness on any given day.

Mental health issues touch every one of us directly or indirectly. What does this mean for us as workers? What about in our role as union activists?

This workshop will help answer these questions and more.

People Power: Building Worker Solidarity in a Global Economy

This workshop explains the role that capitalism plays in workers' lives and examines the links between local and global issues.

Steward Learning Series: Creating Accommodation-Friendly Workplaces

Learn the legal framework for the Duty to Accommodate, what a good accommodation process and plan look like, and what to do if the Employer is not willing to provide reasonable accommodation.

2. **STREAM 2:** Everything you need to know about bargaining but were afraid to ask!

Bargaining Solidarity

This stream uses an intensive roleplay to help union activists develop the skills they need to build and maintain solidarity throughout the bargaining process.

Discussions include analyzing internal and external forces that influence collective bargaining, identifying effective strategies and tactics for engaging members, and thinking about ways to reach marginalized members.

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3. **STREAM 3:** Local Executive Training.

As activists in our unions, we often ask why members are not more involved.

This stream will include workshops from our Local Executive Training, Steward Learning Series, and Anti-Racism CUPE, to ask different questions:
Who is involved and who isn't and what might be some reasons why?

Learn leadership essentials like how to use the power of your elected position to strengthen solidarity in the union, in the labour movement and in our communities.

Workshops in this stream will include:

Local Executive Training:

Leading as a Team,
Essentials for Inclusive Unions and How to Have Good Meetings;

Steward Learning Series:

Mediating Member-to-Member Conflict;
and Anti-Racist CUPE ARC 101.



CUPE ATLANTIC 2024 WEEKLONG SCHOOL REGISTRATION FORM

WHITE POINT BEACH RESORT

75 White Point Rd #2, Queens Co., NS B0T 1G0

NOVEMBER 2-8, 2024

TO ACCOMPANY CHEQUE AFTER COMPLETING ONLINE REGISTRATION

<https://cupe.ca/mrm-union-education/event/7830>

LOCAL # _____ NAME: _____

ADDRESS: _____

TELEPHONE: _____ E-MAIL: _____

ACCESSIBILITY OR DIETARY ACCOMMODATION REQUEST:

Workshop enrollment is limited to 20-24 delegates per workshop and registration will be on a first-come, first-served basis.

SELECT A WORKSHOP

- Stream 1 – Mental Health in the Workplace**
- Stream 2 – Bargaining Solidarity**
- Stream 3 – Local Executive Training**

ACCOMMODATIONS

- Single Occupancy **\$1,400.00 per person**
- Double Occupancy **\$1,100.00 per person**

Sharing a room with: _____

Sunday dinner Tuesday bonfire Thursday banquet Friday boxed lunch

The **Registration Fee must accompany this Registration Form** and the cheque (**posted-dated to October 2, 2024**) made payable to:

“Canadian Union of Public Employees” or “CUPE”

Mail the completed registration form and post-dated cheque by **SEPTEMBER 30th**, to:

Monette Comeau
CUPE Yarmouth Area Office
1-C Second Street, Yarmouth, NS B5A 1T4

2024 WEEKLONG SCHOOL AGENDA

SUNDAY, NOV. 3RD

| | |
|--------------|-------------------|
| REGISTRATION | 3:00 PM – 5:00 PM |
| DINNER | 6:00 PM – 8:00 PM |

MONDAY, NOV. 4TH – THURSDAY, NOV. 7TH

| | |
|-----------|--------------------|
| BREAKFAST | 7:00 AM – 8:30 AM |
| WORKSHOPS | 9:00 AM – 12:00 PM |
| LUNCH | 12:00 PM – 1:30 PM |
| WORKSHOPS | 1:30 PM – 4:30 PM |
| DINNER | 6:00 PM – 8:00 PM |

TUESDAY, NOV. 5TH

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|------------------------------|
| BONFIRE (WEATHER PERMITTING) |
| 7:30 PM – 9:00 PM |

THURSDAY, NOV. 7TH

| | |
|---------|-------------------|
| BANQUET | 6:30 PM – 9:00 PM |
|---------|-------------------|

FRIDAY, NOV. 8TH

| | |
|-------------------|--------------------|
| BREAKFAST | 7:00 AM – 8:30 AM |
| WORKSHOPS | 9:00 AM – 12:00 PM |
| BOXED LUNCH TO GO | |



DEADLINE:

REGISTRATION & FEES: **SEPTEMBER 30TH, 2024**

REFUND POLICY:

- up to **FRIDAY, SEPTEMBER 30TH, 2024** - full refund
- after **FRIDAY, SEPTEMBER 30TH, 2024** - no refund

**Cheques for the Weeklong School Registration
must be post-dated to October 2nd,
made PAYABLE TO CUPE and sent to:**

**Monette Comeau
CUPE Yarmouth Area Office
1-C Second Street
Yarmouth, NS B5A 1T4**

A template for a cheque form, enclosed in a red border. The form includes fields for "DATE", "PAY TO THE ORDER OF" (with "CUPE" pre-filled), a dollar sign and amount box, "DOLLARS", "FOR" (with "Workshop Registrations" pre-filled), and a MICR line at the bottom: "⑆ 1 24 28896⑆ 6545898434⑆ 3 266".

Thank you for your cooperation!